



Expanding Human Potential Through the Way of the Horse

THE WISDOM...

lies in the ability of horses to understand emotion as simply *information* - to get the message *behind the emotion*, process it *without judgement*, and *move on*. As long as we are being authentic, they accept us for who we are.

Being authentic requires “checking in” to determine if what we are feeling on the inside matches what we are expressing on the outside. Are we putting on a happy face when we are really feeling anxious, exhausted, or angry? Horses are usually aware of our incongruities before we are; after all, their lives have depended upon it!

Horses are also adept at “keeping the wide view.” By having a diffused awareness of everything in their environment, they are instantly alerted by the subtlest changes in breathing, muscle tension, or focus. They are truly masters of biofeedback!



THE WAY...



Throughout the ages, these magnificent beings have partnered with humans, and have served us faithfully. They have silently given their hearts and their lives. They have provided transportation, plowed our fields, and filled the dreams of those who heard them calling.

As they once carried us to war, they now carry us on an inner journey to deepest peace. A journey of excavation, discovery and connection to our authentic self. And the deeper we journey within, the more connected we feel to all that is without. Now, finally, in the infancy of this 21st Century, horses are being honored for their *true power*, as they simultaneously lead us to ours. They are gracefully, magically, irresistibly, leading us... *home*.

THE GIFTS...

"We are all teachers and students at the same time." Richard Bach

of Equine Facilitated Experiential Learning are abundant. We provide educational and experiential activities in which horses help us discover a greater sense of physical, emotional, and spiritual well being. Through guided ground exercises, we will explore:

- U Unlocking potential and creating new ways of being
- U Developing assertiveness and leadership skills
- U Strengthening self-esteem and establishing healthy boundaries
- U Honoring intuitive, creative self
- U Building successful relationships and authentic community
- U Developing effective communication skills – what I like to call, The Art of Being Herd
- U Moving from surviving to thriving



🐾 **No previous horse experience necessary** 🐾

THE GUIDES...



We are honored to have Buddy, Bay and Kaboom as our primary 4-legged guides. Buddy is my Arabian gelding soul-mate, Bay is our National Show Horse mare, and Kaboom, who was born on the 4th of July, 2004, is her colt, and our hand-full – beware of what you name them! They have truly been my friends, my mentors, my guides.

"Work is love made visible." Kahlil Gibran

And then there's me, Jacquie Braly. I am an approved Epona Instructor, and will be your primary 2-legged guide. My experience of me is pretty much the same as my experience of them – we are intuitive, honest, compassionate and have a pretty good sense of humor!

WE LOVE OUR WORK... AND IT SHOWS!

THE RANCHES.....

My husband, Paul, and I are blessed with having two amazing properties – both are inspiring and ruggedly beautiful. One is located on the Southern Oregon coast. The other borders the Tonto National Forest just north of Phoenix, Arizona. Both photos were taken from the respective decks.

We offer individual and group sessions, intensives, workshops and retreats, and will tailor the focus to your areas of interest. Travel to your area will be considered.

Please visit our website:

<http://www.wisdomhorseranch.com>

or email jacquie@wisdomhorseranch.com

or call us at (623) 882-6343

